

# Curriculum Vitae

July 2016

## Academic Qualifications

### Postgraduate Qualifications

**2002 Fellow of the Australian Orthopaedic Association**

**2000** Fellow of the Royal Australasian College of Surgeons

**1996** Masters Degree in Biomedical Engineering (**MBiomedE**)  
(Research Thesis on ACL Reconstruction)

**1994** AO Certified

**1993** EMST certified

**1993** FRACS part 1

**1993** FRACS OSCA

### Undergraduate Qualifications

**1991** Bachelor of Medicine, Bachelor of Surgery (MBBS)

University of New South Wales

### Travelling Fellowships

Ilizarov Clinical Fellowship, Lecco Italy – Focus on complex osteotomy operations

Hospital for Special Surgery, New York

Mayo Clinic, Rochester Minnesota

The Fowler Kennedy Sport Medicine Clinic, London Ontario –

Focus on ACL reconstruction, Complex and revision knee reconstructive procedures including PCL reconstruction, Meniscal allografting, High Tibial Osteotomy and combination procedures

## **Publications**

**Masters Thesis** : Anterior Cruciate Ligament reconstruction in fresh cadaveric knees under 40 years of age comparing controls to patella tendon and hamstring tendon reconstructions, UNSW, 1996.

Sher D, Cross MJ, Sports injuries of the knee in adolescents, **Modern Medicine of Australia**, Vol 39, No 2, pp 62-74, 1996.

Rowden NJ, Sher D, Rogers GJ, Schindhelm K, Anterior Cruciate Ligament Graft Fixation: Comparison of Patellar Tendon and Hamstring Autografts in Young Fresh Cadavers, **Am J Sports Med**, 25(4):472-8, 1997 Jul-Aug.

Ben-Nissan B, Sher D, Walsh W, **Bioceramics**, Volume 15, Trans Tech Publications, UK, 2002-12-12

Catagni MA, Sher D, Upgrade of the Ilizarov Method, **Atlas for the insertion of transosseous wires and half pins**, AB Maiocchi Editor, Medi Surgical Video, Milan- Italy, 2002

Sher D, Van der Wall, H, **Fracture of a Bone-Graft Donor Site in the Ulna**, Clinical Nuclear Medicine. 30(6):416-417, June 2005.

Sher, D, Biant, LC, Subcapital fracture of the femoral neck in medically unwell patients: technique for fixation using direct infiltration local anaesthetic rather than regional blockade. **Injury**. 2008 Jul;39(7):820

Girgis, C, Sher, D, Seibel, M, Atypical Femoral Fractures and Bisphosphonate Use. **New England Journal of Medicine**;

2010, Vol. 362 Issue 19, p1848

Ferran NA, Sher D. Bilateral Primary Repair of Simultaneous Bilateral Distal Biceps Rupture, **Bull Hosp Jt Dis (2013)**; 2016 Sep;74(3):234-6. PubMed PMID:27620548.

Multiple publications in **Medical Observer** and **Australian Doctor**

## **Presentations at National or International Meetings**

Graft fixation for the ACL, **The 54th Scientific Australian Orthopaedic Association meeting, Sydney 1995** (Winner of the Evelyn Hamilton Prize for best scientific paper)

PSI in Total Shoulder Arthroplasty, **Zimmer Biomet Repair and Replace Masterclass**, Sydney, 2016

AC Joint Arthritis to Repair, **Zimmer Biomet Repair and Replace Masterclass**, Sydney, 2016

The terrible triad, **ICJR, Sydney, 2016**

Complications In Reverse Shoulder Arthroplasty, **Lima Japan, 2015 (Feb and Oct)**

Contemporary Challenges in Shoulder Surgery Meeting, **Sydney, 2016**

**Convenor RACGP level one meetings, Sydney 2013-2015**

OTC Advanced Fracture Management Course, **August 2015**

Radial Head Fractures, **ICJR, Sydney, 2014**

The Terrible Triad, **ICJR, Sydney, 2014**

Prevention of Infection, **Fowler Fellows Meeting, Sydney, 2014**

Prevention of Infection, **SESA, Sydney, 2013**

Opening versus closing wedge osteotomy, **Australian Orthopaedic Association Continuing Education Meeting, Sydney, 2006**

A simple method for improving tibial post fixation during ACL reconstruction, **The 17th Annual Australian Knee Society Meeting**

Autologous meniscal transplant - a case study, **The 17th Annual Australian Knee Society Meeting**

Autologous meniscal transplant - a case study, **The 54th Scientific Australian Orthopaedic Association meeting Sydney 1995**

Bilateral simultaneous arthroscopic ACL reconstruction, **The NSW regional branch clinical meeting of the Australian Orthopaedic Association 1994**

Isolated articular cartilage lesions of the femoral trochlea, **The Mater Misericordiae Orthopaedic Meeting 1994**

Meniscal Transplantation, **The Mater Misericordiae Orthopaedic Meeting 1994** Autologous meniscal transplant - a five year follow up, **The Mater Misericordiae Orthopaedic Meeting 1998**

A novel view for the scintigraphic assessment of the elbow, **The 59th Annual Scientific Australian Orthopaedic Association Meeting 1999**

Chairperson and co-convenor, **Bioceramics 15, Sydney, December 2002**

Early detection of HO in the elbow, **Mayo Clinic Elbow CME**

2009

## Scientific Posters

A five year prospective follow up of immediate weight bearing in uncemented total knee replacements, **The Australian and New Zealand Orthopaedic Research Society Meeting 1995**

A five year prospective follow up of immediate weight bearing in uncemented total knee replacements, **The 54th Scientific Australian Orthopaedic Association meeting Sydney 1995**

A simple method for improving tibial post fixation during ACL reconstruction, **The 54th Scientific Australian Orthopaedic Association Meeting Sydney 1995**

## Hospital Appointments

Concord Repatriation General Hospital

– Former Head of Orthopaedic Department

Visiting Medical Officer Prince Of Wales Private Hospital

St Lukes Private Hospital

Sydney Private Hospital

Co-Founder of the Transformation Diet and the metabolic, arthritis and weight loss clinics

Lecturer Japanese Orthopaedic association Reverse Shoulder Arthroplasty Course

Lecturer Biomet reverse shoulder replacement advanced course

Lecturer NSW Agency for Clinical Innovation

Lecturer in Sports Medicine UNSW

Lecturer School of Physiotherapy University of Sydney

Lecturer Australian Orthopaedic Nurses Association

Lecturer Australian Ski Patrol Association

Lecturer Concord Clinical week

Lecturer Concord Hospital physiotherapy department

Lecturer Concord Hospital radiology department

Lecturer Prince of Wales Private Hospital Nursing education

Lecturer at multiple GP and Physiotherapy education meetings

Lecturer Orthogeriatric combined meetings

Co-convenor Bioceramics 15 International meeting, Sydney

Ongoing registrar education at weekly meetings

Active member the "Mayo Elbow Club" – Mayo clinic

Orthopaedic Outreach surgeon - Fiji

Convenor Orthosports Orthopaedic Updates Yearly seminar

Accredited provider RACGP Level 1 lectures

Lecturer GPCE 2008

Lecturer - National Sports Trainers First Aid Course

Team Doctor Australian Rugby Union Representative team,  
Maccabiah, Israel

**Established the** Day surgery unit at Concord Hospital

Team Doctor Manly Warringah Rugby League Club (The Pepsi  
Sea Eagles)

Orthopaedic cover for Eastern Creek Motorcycle Grand Prix (The Final Curtain)

Team Doctor for English Academy Rugby League tour of Australia

Team Doctor Manly Warringah junior representative rugby league teams

Tournament Doctor for Australian Indoor Tennis Championships

Team doctor for NSW Metropolitan cup representative rugby team

Team Doctor Manly Warringah junior representative rugby league teams

Medical School Elective Term - Lenox Hill Hospital and Nicholas Sports Institute, New York

## **Schooling**

Mount Moriah War Memorial College 1985

Prefect 1984

House Captain 1985

Captain of cricket, basketball and soccer teams

1982-1984 Captain of basketball and soccer teams

1981 Duke of Edinburgh Award Bronze Medal

1979 Junior school house captain

## **Professional Memberships:**

- **Fellow of the Royal Australian College of Surgeons**
- **Member of the Australian Society of Orthopaedic Surgeons**
- **Member of Australian Medical Association**

- **Member of The Shoulder and Elbow Society of Australia**
- **Fowler Kennedy Former Fellow**
- **Mayo Clinic Former Fellow**
- **Active in trauma management at Concord Hospital.**

**I am dedicated to the concept of “Life Long Learning and Research” which allows me to remain at the leading edge of patient care and rehabilitation.**