

# Dr Kwan Yeoh

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# A refresh on scaphoid fracture management

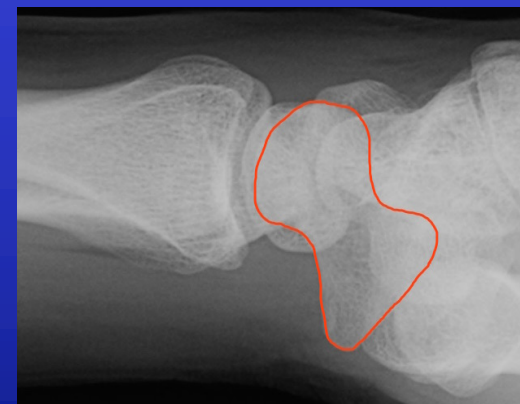


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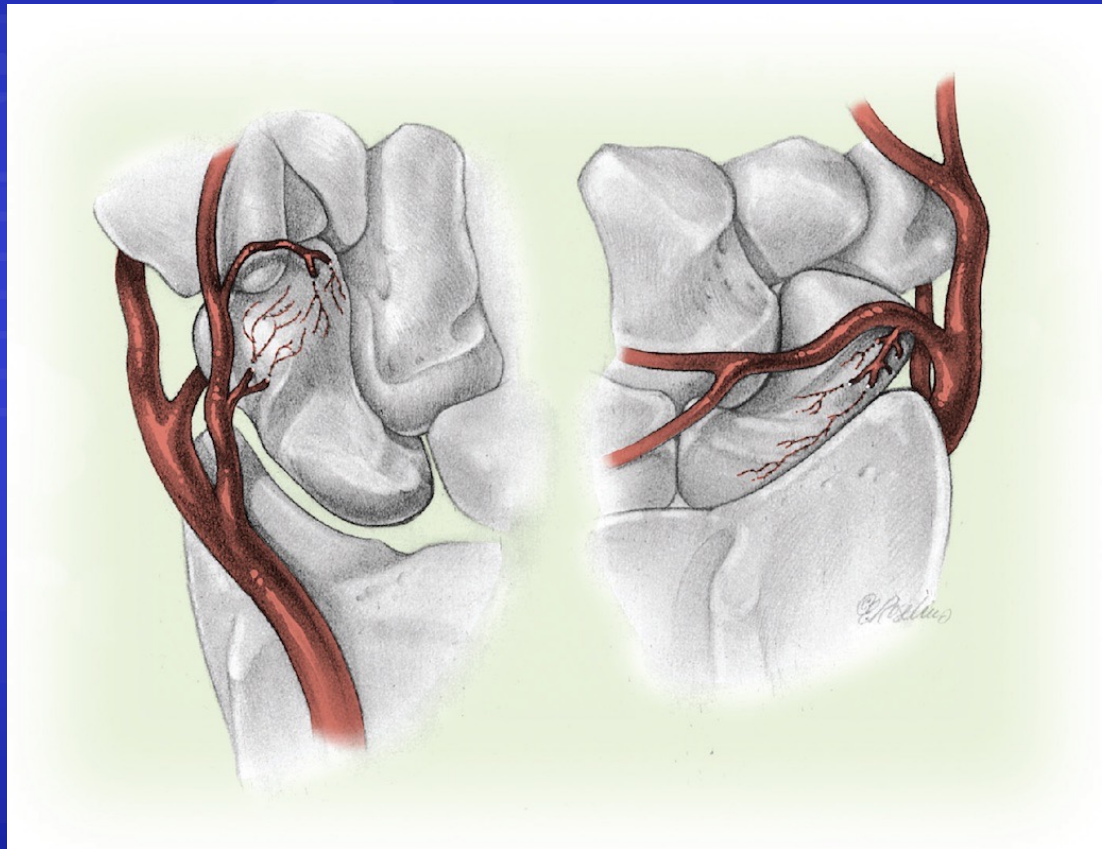
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# Scaphoid anatomy



# Vascular supply



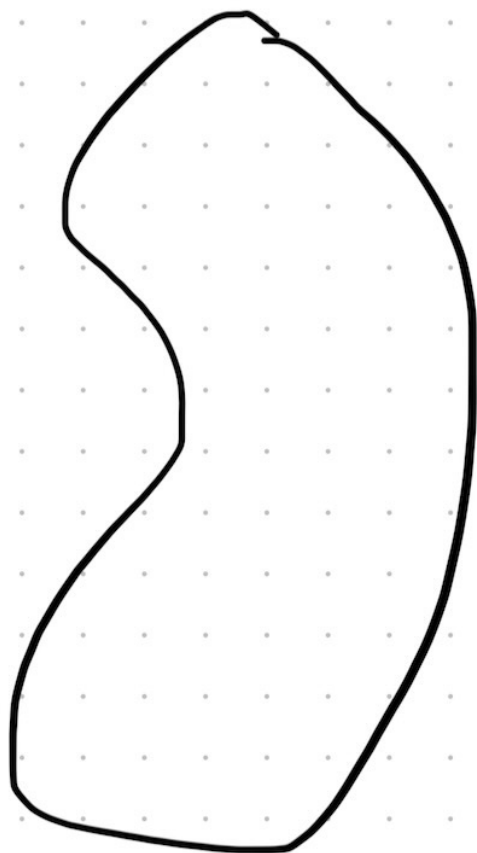
*Geissler WB, Slade JF. chapter 18 - Fractures of the Carpal Bones. Sixth Edition. Green's Operative Hand Surgery. Elsevier Inc; 2011. 69 p.*

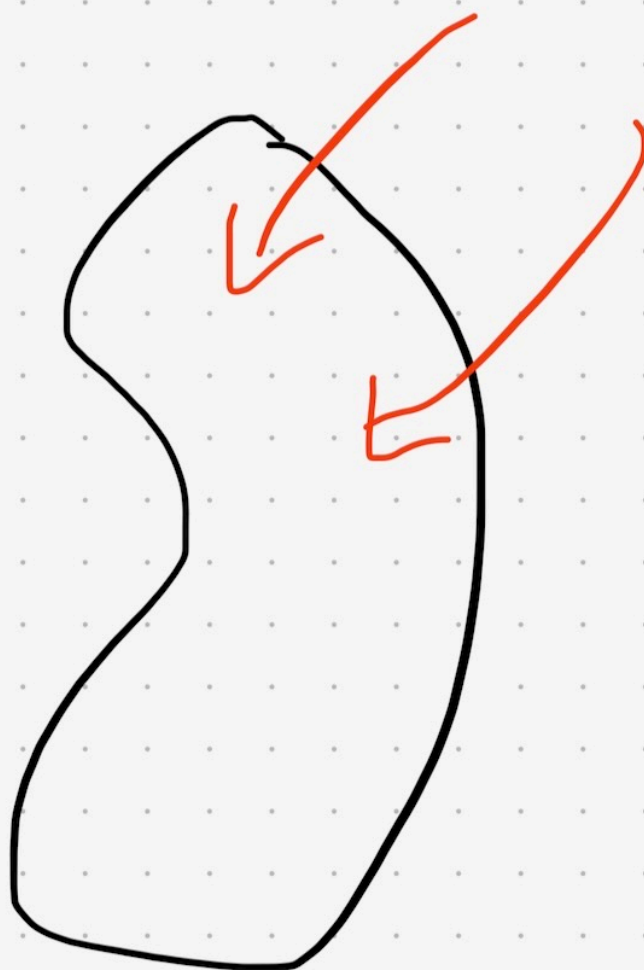


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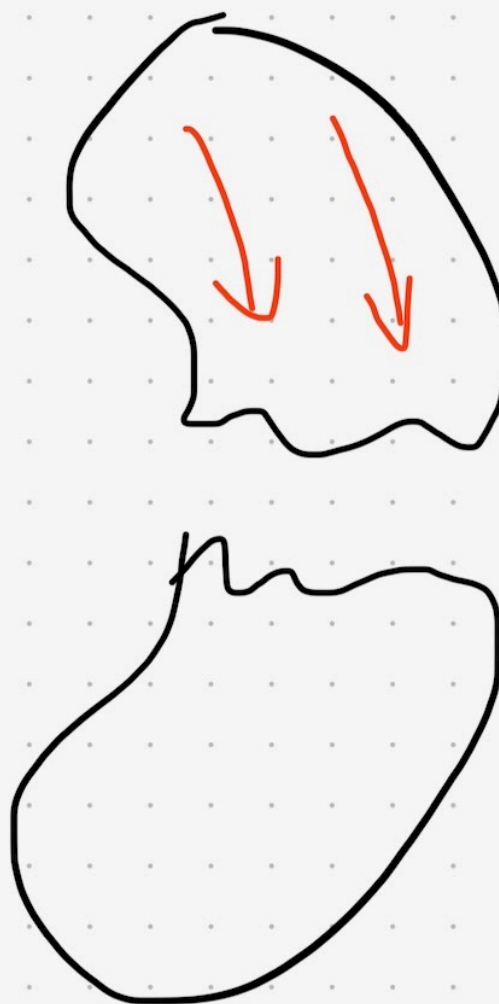


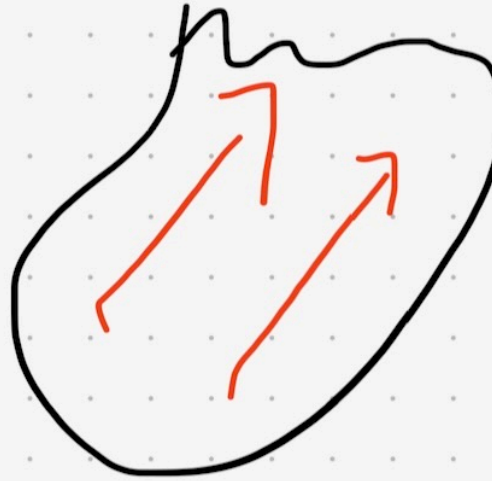


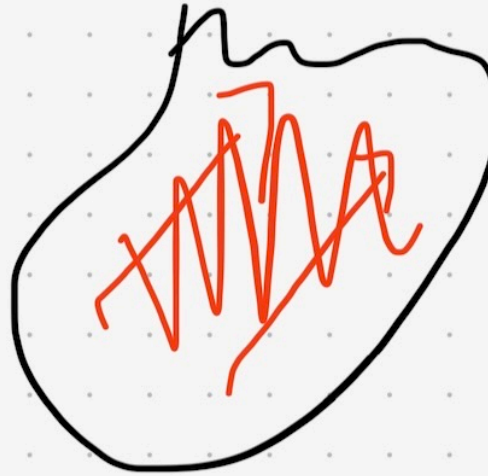
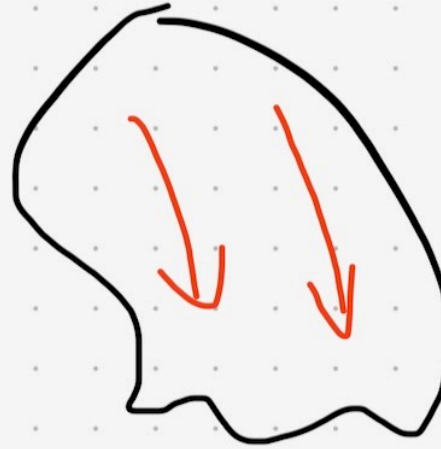


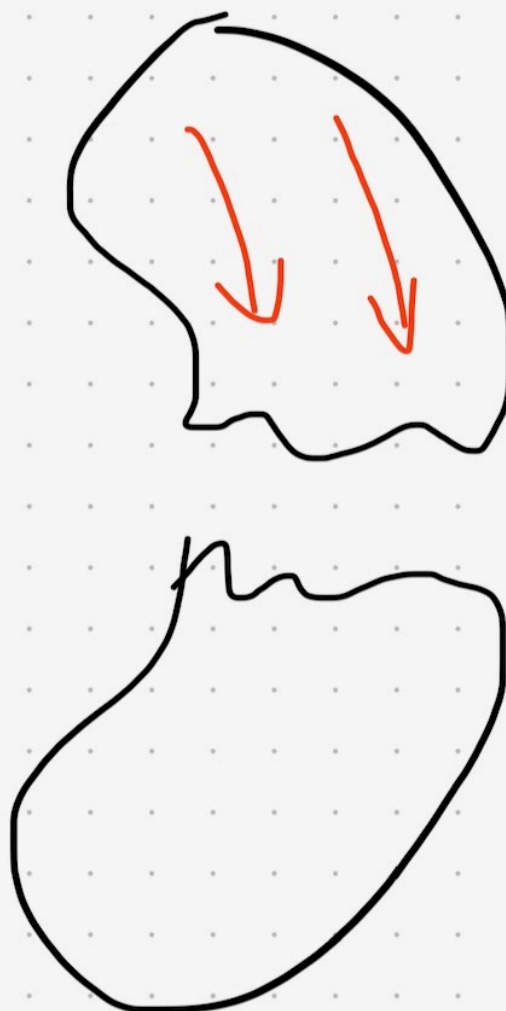




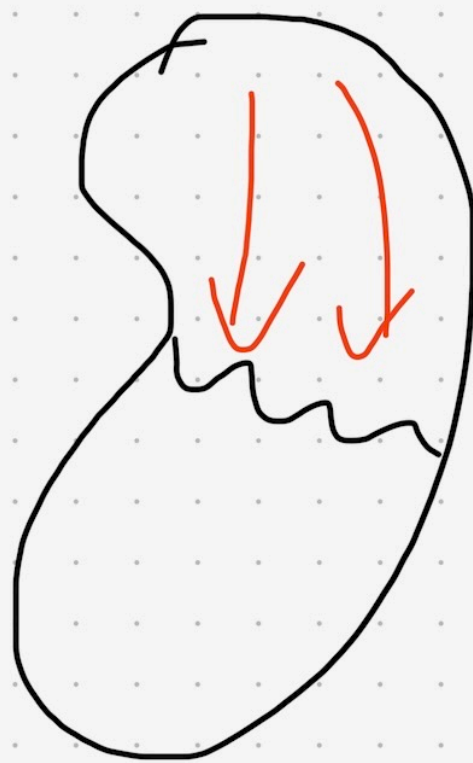


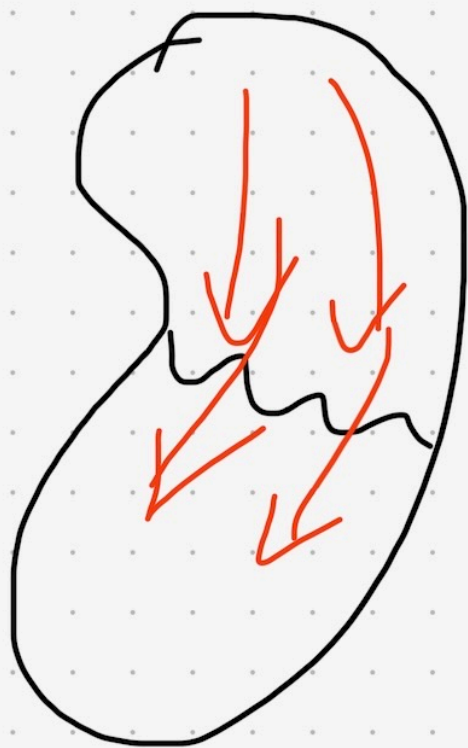












# Acute scaphoid fractures



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# History & examination

How?

When?

What?

Where?



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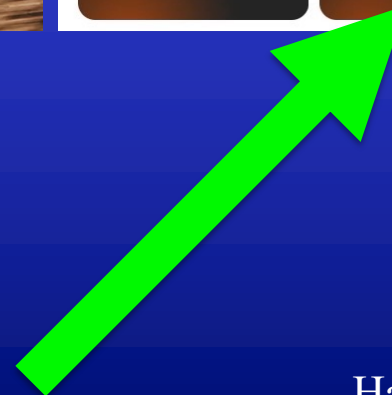


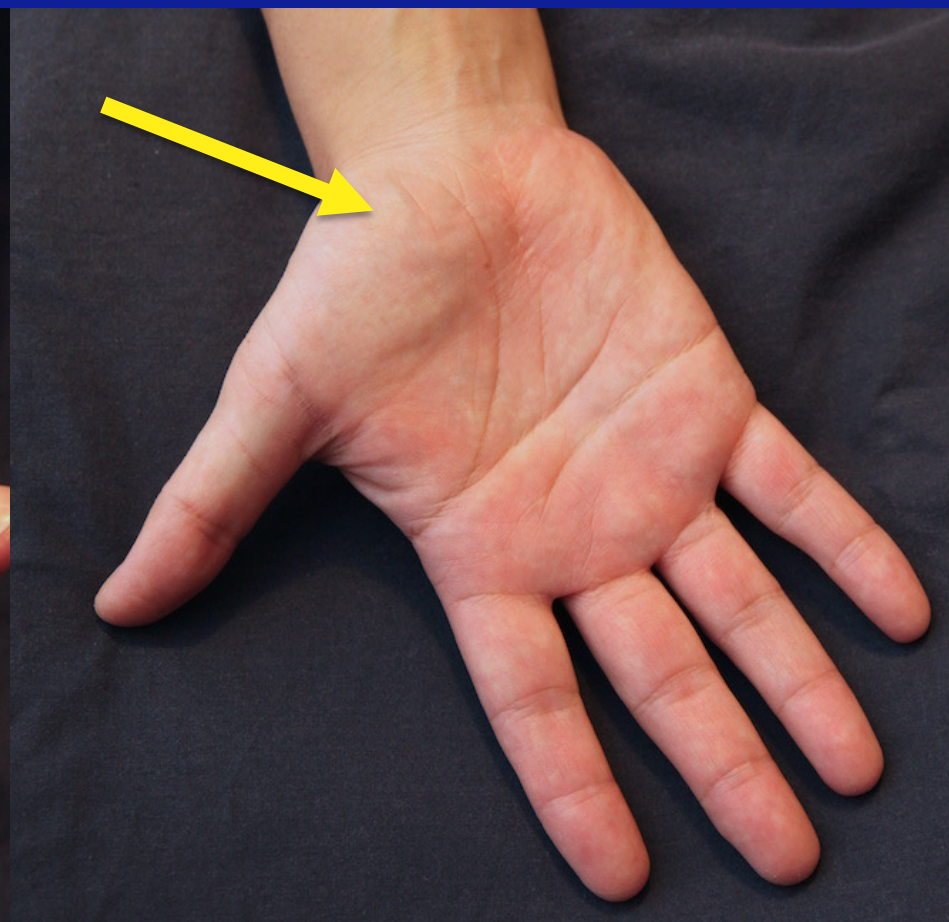
**235v**  
High-Voltage Platform

**93Mph**  
Max Speed

**20000w**  
Peak Power

**90mm**  
Suspension Travel



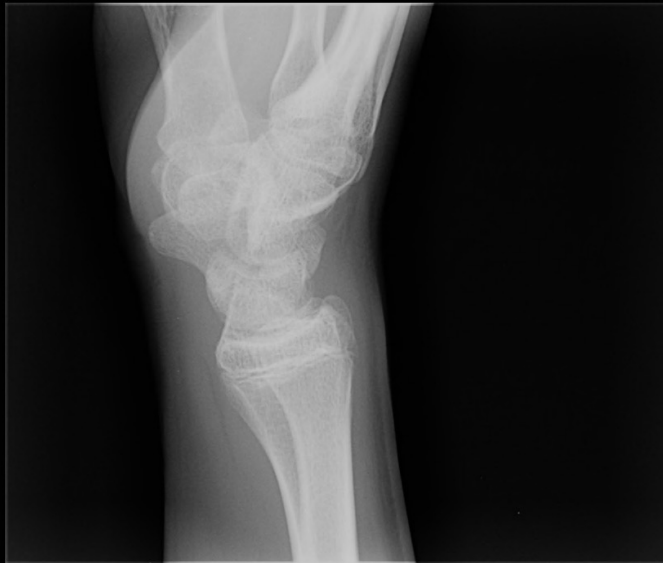
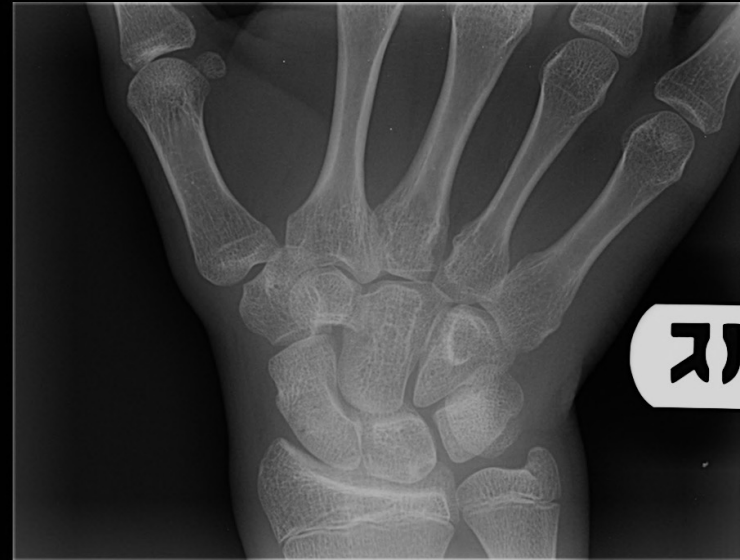


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# Examination



**X-ray**

Fracture

**Treat**



**Immobilise**



**MRI**

Fracture

**Treat**



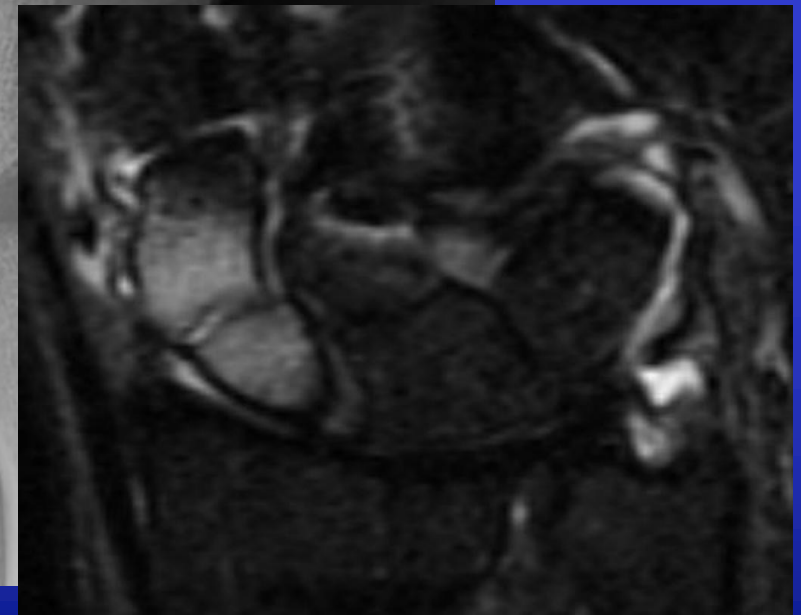
**Celebrate**



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*MRI: Dr Roberto Schubert, Radiopaedia.org, rID: 14726*



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# Treatment



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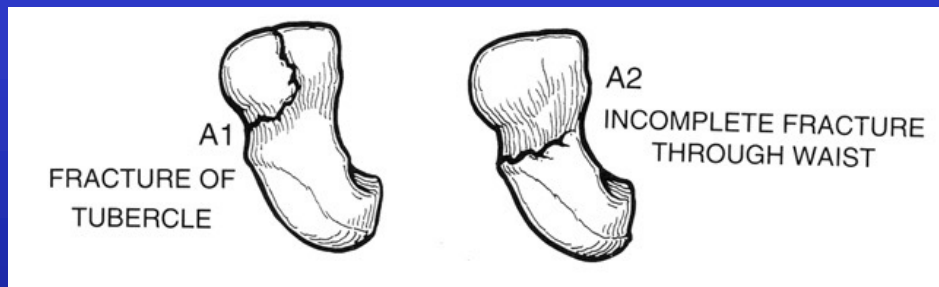
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# Stable



Low nonunion rate



# Unstable



High nonunion rate



Surgical fixation

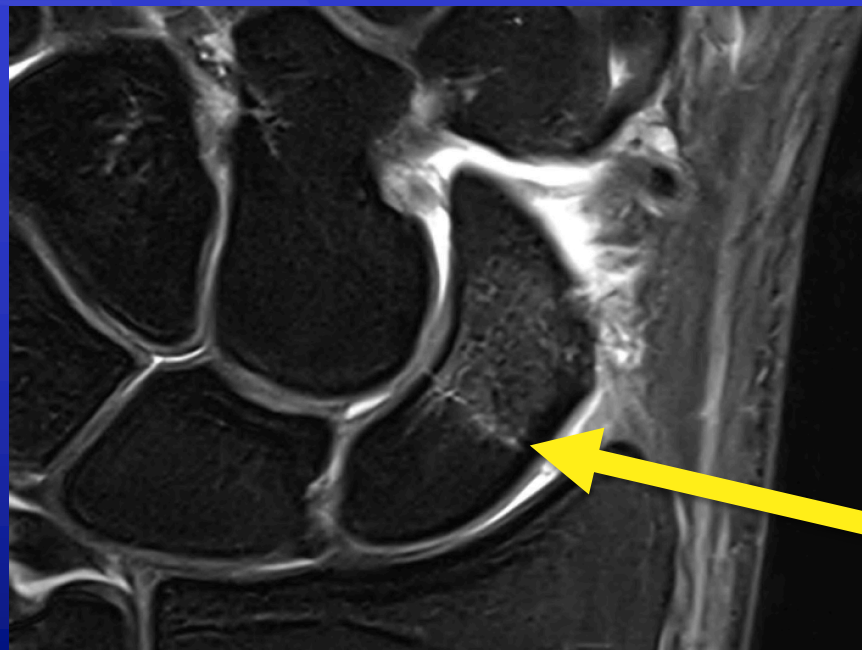
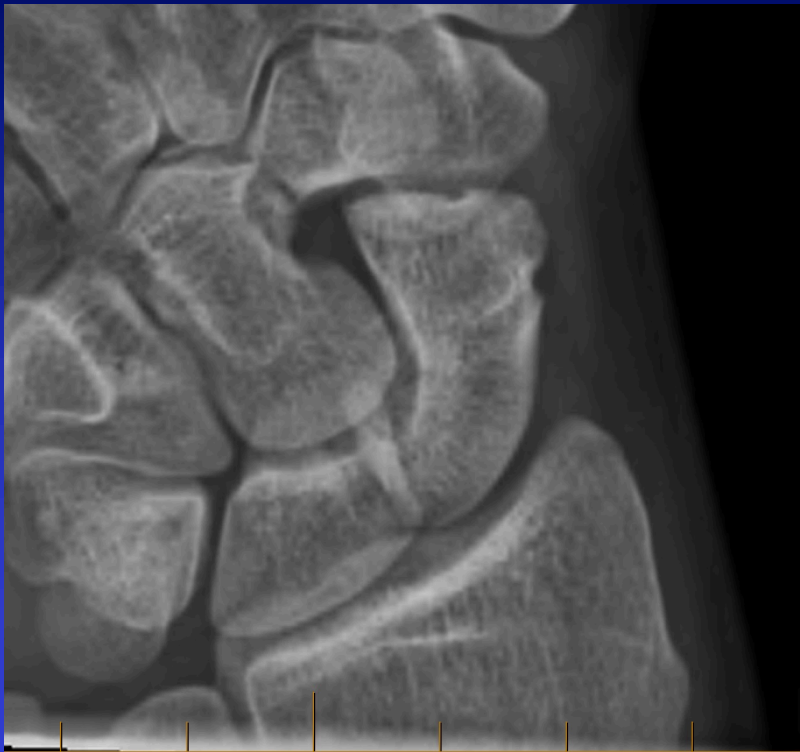


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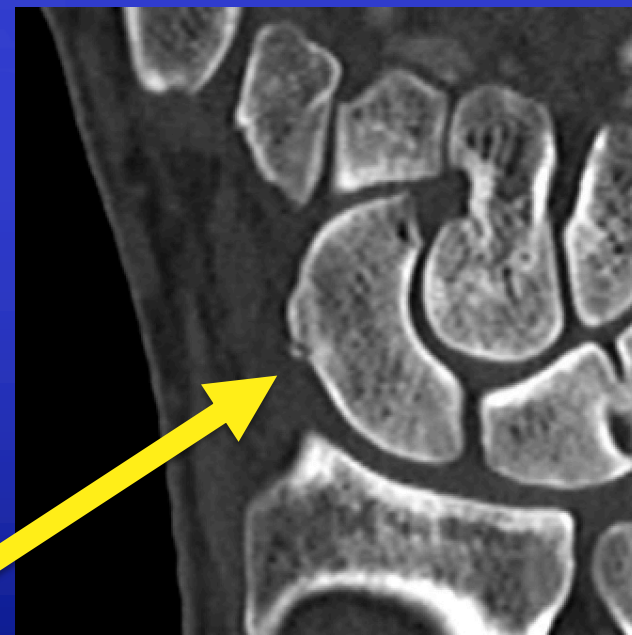
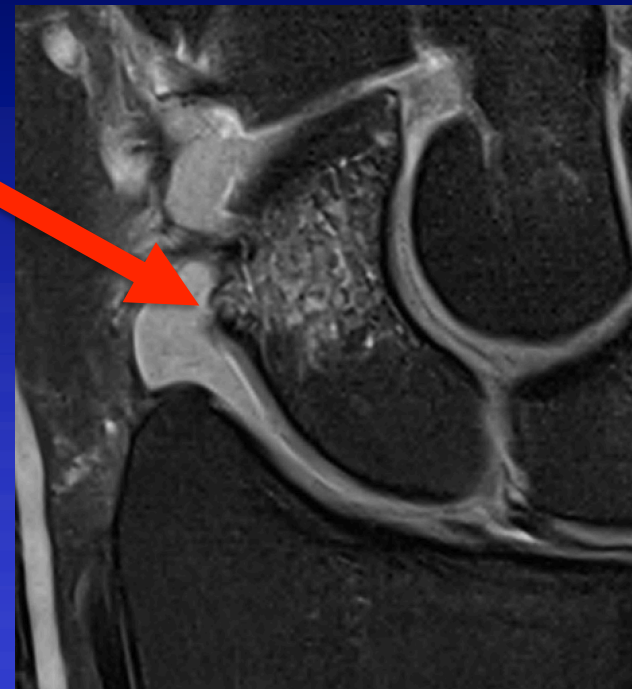
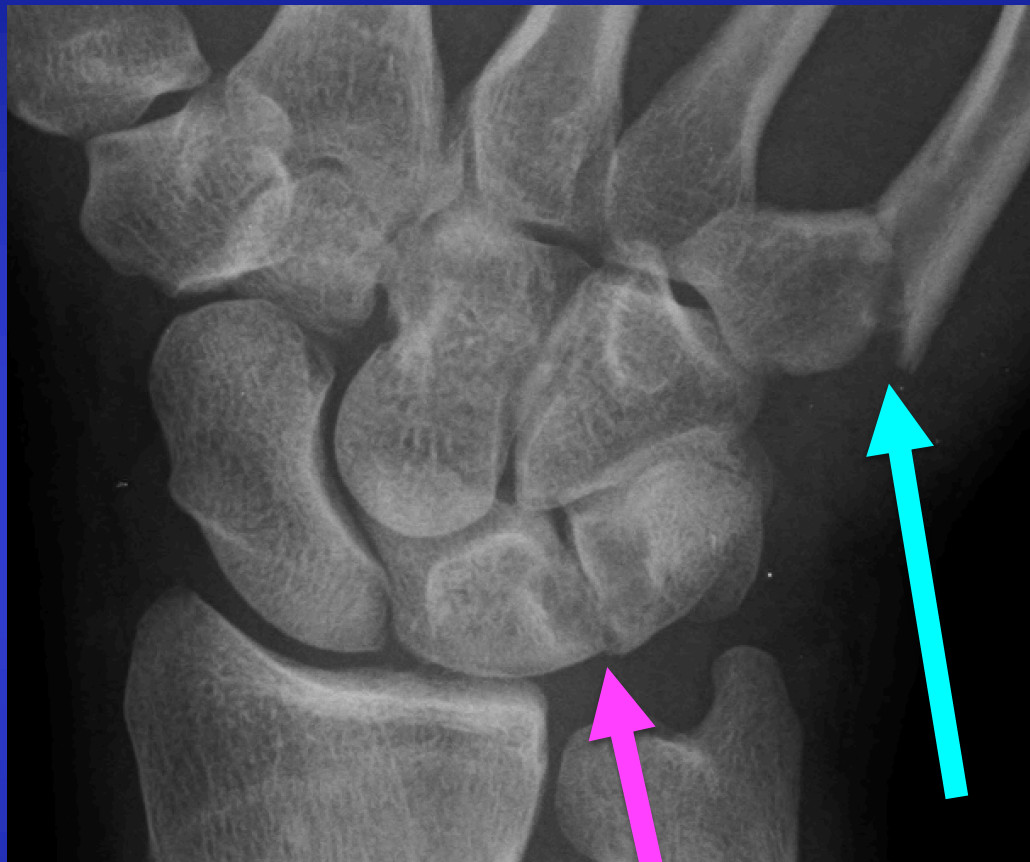


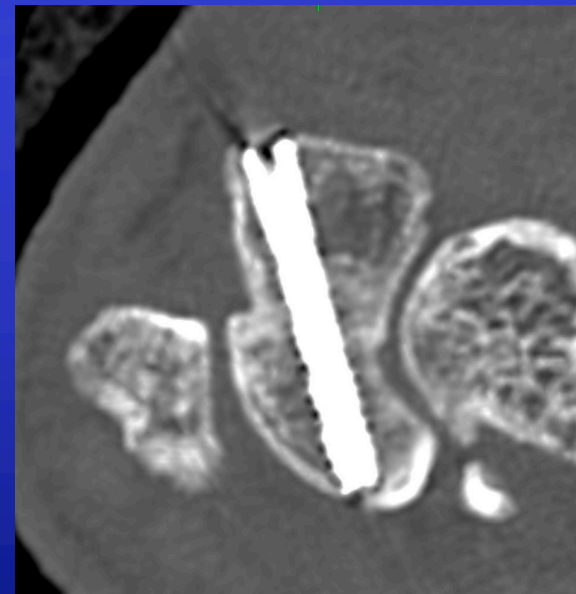
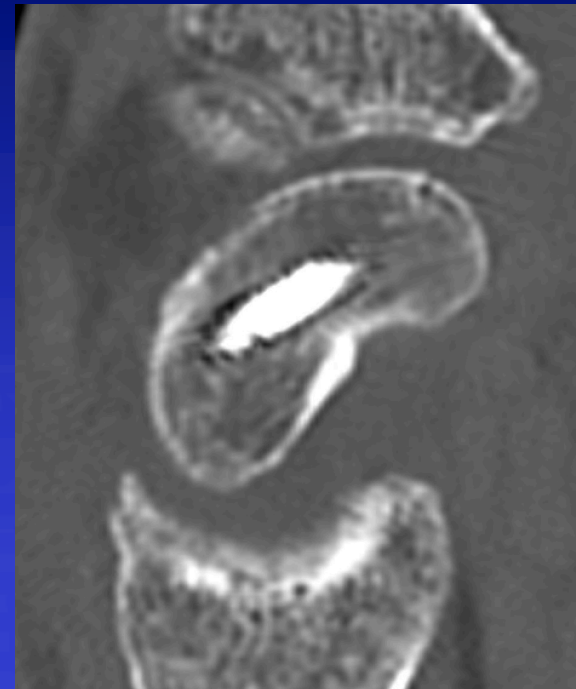


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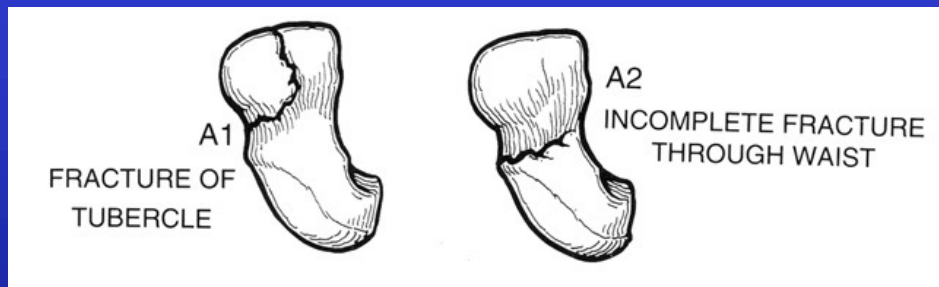




# Stable



Low nonunion rate



# Unstable



High nonunion rate



Surgical fixation



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# Undisplaced waist fracture

## Consider surgery

### Why?

Quicker return to function  
Quicker return to work  
(Fracture union rate?)

### Why not?

More complications

No difference

Pain levels

Cost



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# Chronic presentation



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# Investigations

X-ray ✓

CT ✓

MRI ?

Other ?



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# Treatment

Operative

Non-operative

Other

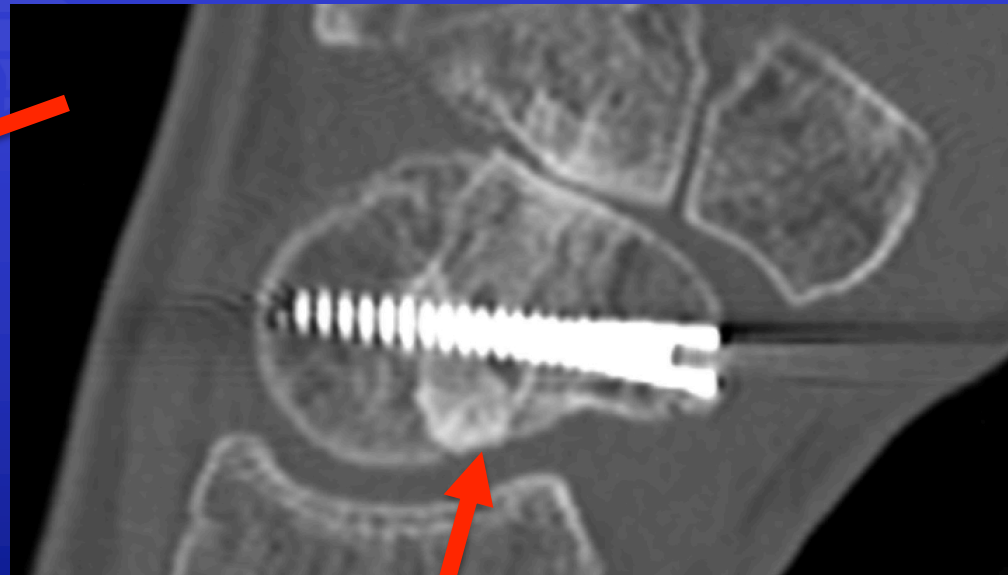
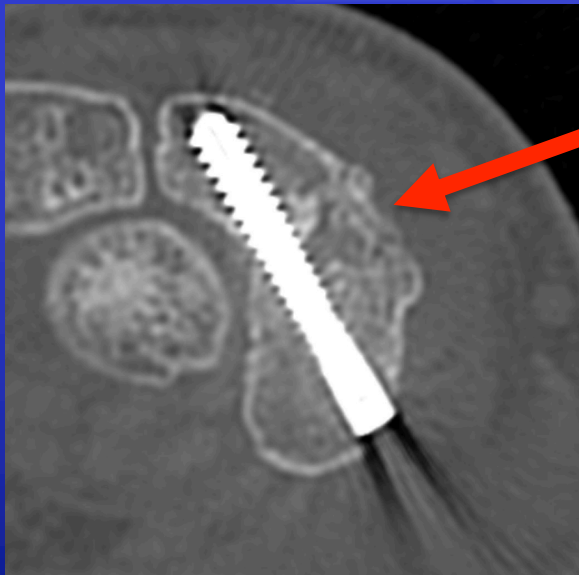
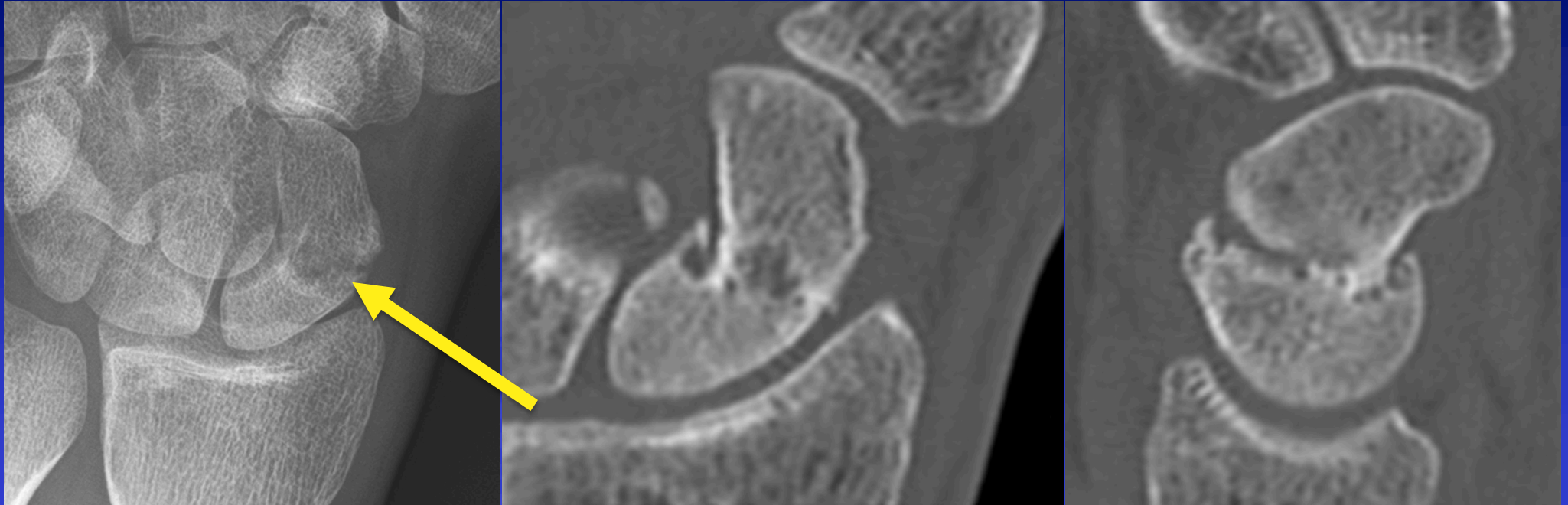


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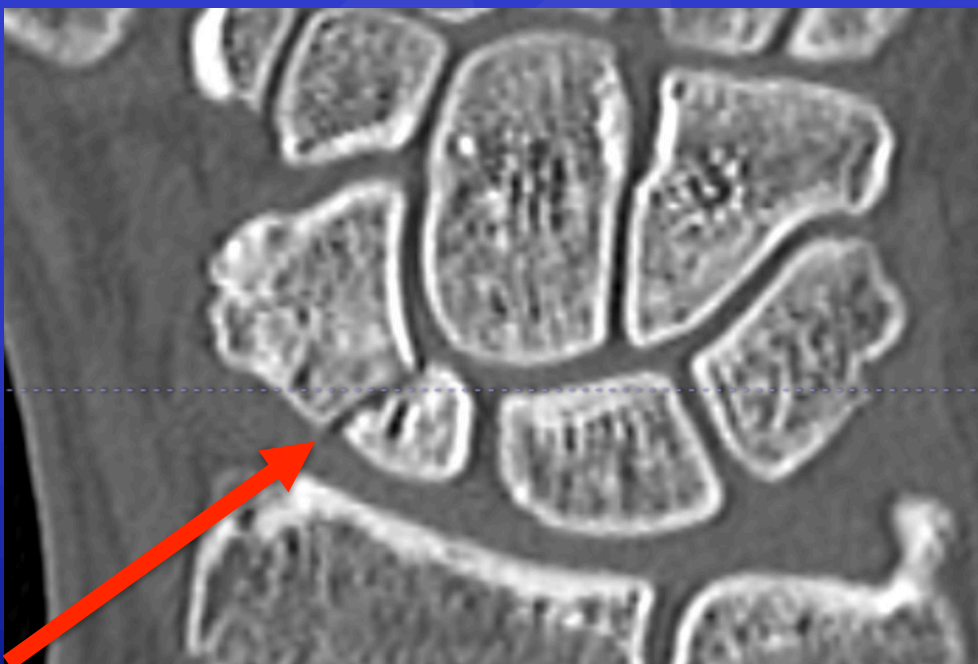




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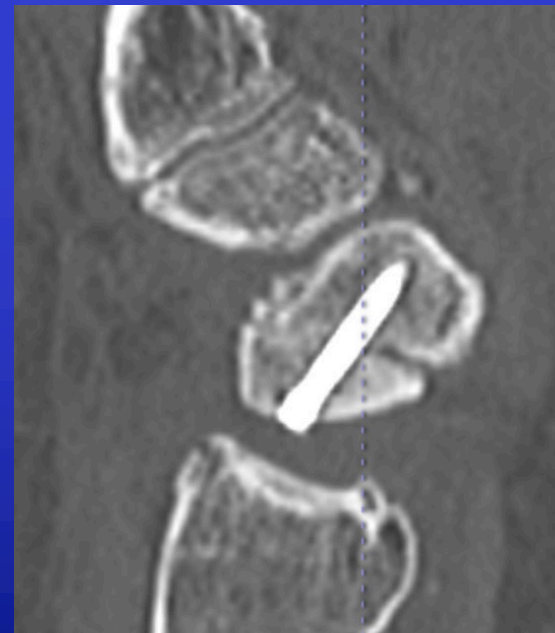
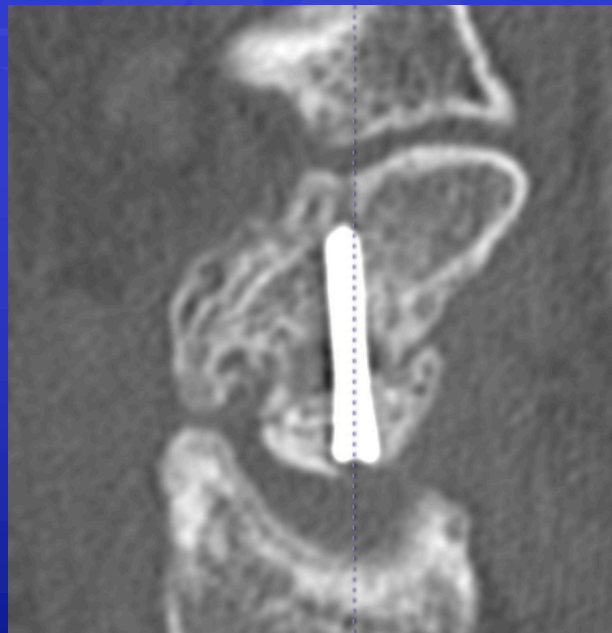
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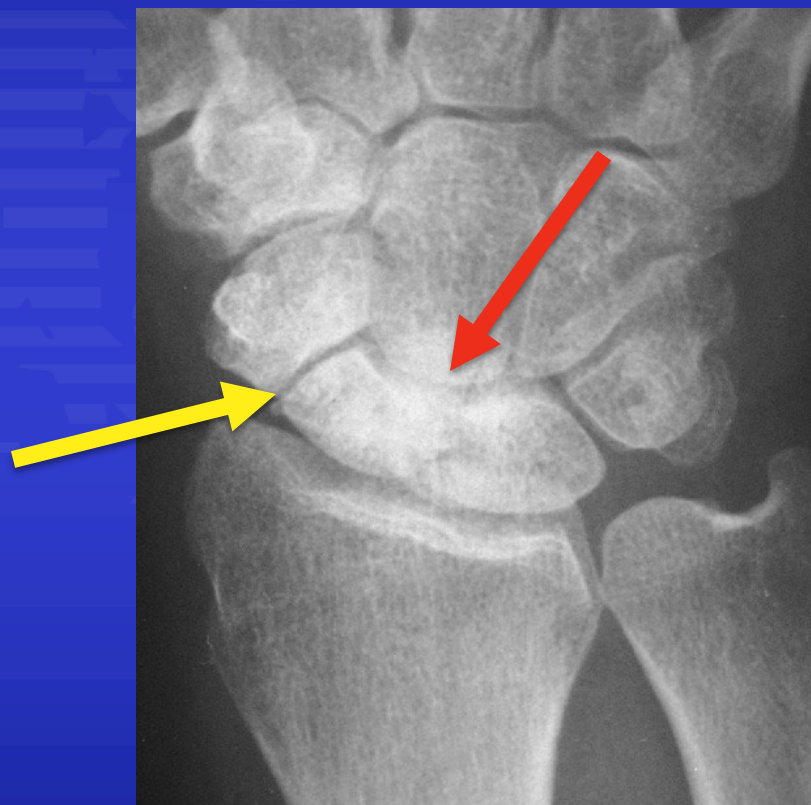
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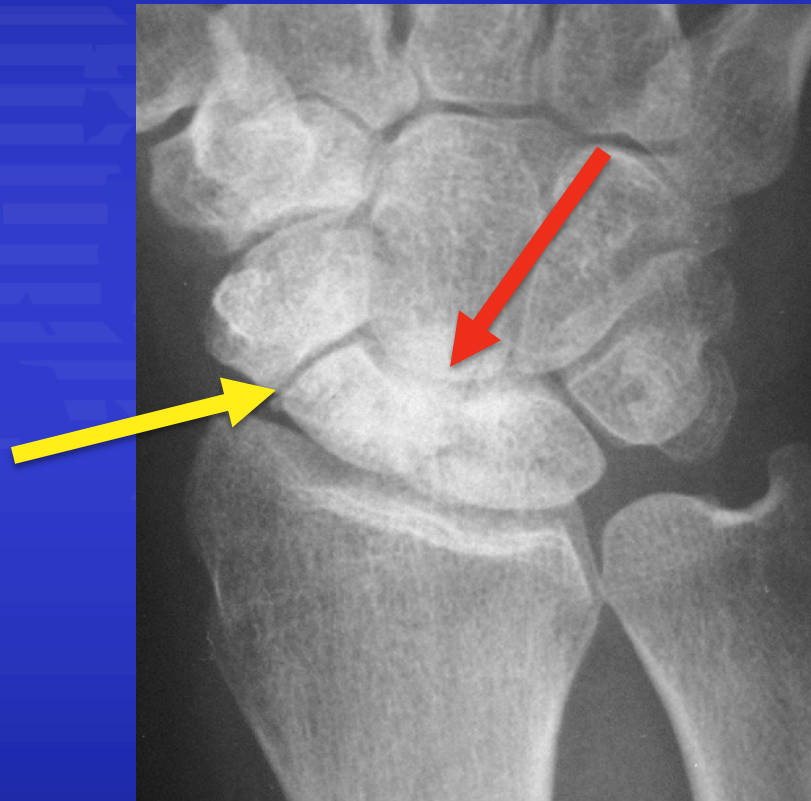


# Non-operative treatment



# SNAC

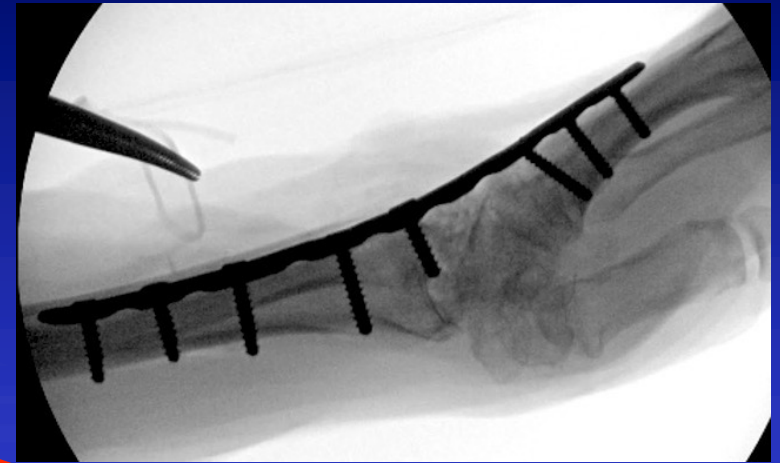
## Scaphoid Non-union Advanced Collapse



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*Strauch R.J. Scapholunate advanced collapse and scaphoid nonunion advanced collapse arthritis--update on evaluation and treatment. The Journal of Hand Surgery. 2011 Apr;36(4):729-35.  
Motec product information brochure*



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# Take-home messages

Careful history & examination

Proper imaging: XR & MRI

Consider fixation for undisplaced fractures



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# Thank you



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